

# SYNCHRONIZED RF & HIFEM: BUTTOCK MRI STUDY

## HIFEM WITH SYNCHRONIZED RADIOFREQUENCY ACHIEVES SUPERIOR GLUTEAL MUSCLE CONTOURING THAN HIFEM PROCEDURE ALONE

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### HIGHLIGHTS

- 67 subjects (21-67 years, 16-34 kg/m<sup>2</sup>, skin type I-VI) were divided into HIFEM+RF group (n=34) and Standalone HIFEM group (n=33), both receiving four 30-minute therapies
- MRI evaluation showed a **35.6% higher** growth of gluteal muscles measured in HIFEM+RF group than Standalone HIFEM group
- Group HIFEM+RF showed an average **+24.7% increase**, while standalone HIFEM group showed an average 15.9% increase in muscle thickness at 3 months follow-up visit
- There was no significant reduction in subcutaneous fat thickness in the gluteal area (p-value>0.05)

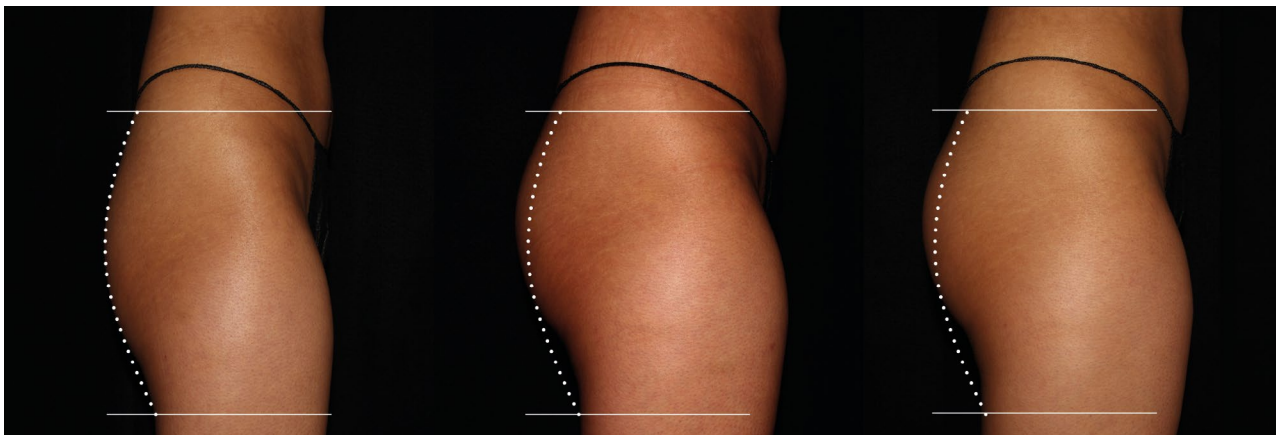


Figure 1: A 21 year old woman treated with combination RF+HIFEM, digital photographs were taken at baseline (left), after the 4th treatment (middle), at 3-month follow-up (right, a 22.8% increase in muscle mass), the dotted line shows the shape of the buttocks at baseline.