## **SYNCHRONIZED RF & HIFEM:** FULL BODY REMODELING

CONCOMITANT USE OF RADIOFREQUENCY AND HIGH INTENSITY FOCUSED ELECTROMAGNETIC FIELD ENERGIES FOR FULL-BODY REMODELING: MRI-EVIDENCE BASED PREFATORY TRIAL

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Accepted for publication in Journal of Cosmetic Dermatology, 2022

## **HIGHLIGHTS**

- Four HIFEM & RF procedures were consecutively applied to abdomen, lateral and inner thighs, and buttocks during each treatment visit
- Substantial **reduction in fat thickness** was found in abdomen (-10.7 mm), lateral thighs (-17.6 mm), and inner thighs (-12.4 mm) at 3-month follow-up
- Abdominal and gluteal muscles showed significant thickening by +3.0 mm and 7.4 mm, respectively
- Treatments were comfortable and no AE occurred throughout the study



Figure 1: Digital photographs taken at baseline (left) and 3 months (right) illustrates the gradual progress in the shape of abdomen (up) and buttocks (down).